

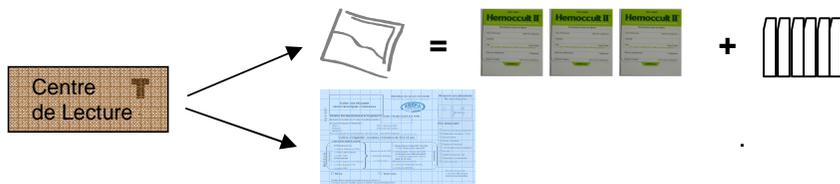
INSTRUCTIONS FOR CARRYING OUT THE TEST

When to do the test ?

Women should not do the test during their menstrual period.

Contents of the test kit

The kit consists of a prepaid brown envelope in which there is a sachet containing **three test cards, six cardboard scrapers and a blue sheet.**



How to do the test ?

1. Check the "use by" date on the back of the test card.
2. Identify each test card and the blue sheet by sticking a self-adhesive label on them or writing your surname, first name, address and date of birth on them.



On the three test cards

Monsieur X René
12 rue des Tulipes
68000 COLMAR
XXXXXXXXXXXX

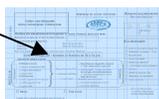


Note the name and address of your general practitioner on the blue sheet if they do not appear already

3. Note the date of each sample on the test card (x3), preferably before using it.



Day/month/year



Note the date of the first sample on the blue sheet

4. Collect your faeces in a clean, dry place, avoiding contact with urine and water, for example in a chamber pot, on newspaper or in a plastic bag held in place by the toilet seat.



Instructions (cont'd)

Use a **single test card and two scrapers** for each sample of faeces.

Open the test card on the side indicated (front of the card). Use the scraper to remove a fragment of faeces **the size of a grain of rice** and apply it to window A, without going over the edges of the window.



Put the scraper down the toilet

Repeat each of these stages with three consecutive bowel motions.

Repeat the operation with the same sample of faeces, **but taking the fragment from a different place**, using a second scraper, and apply the second fragment to window B.



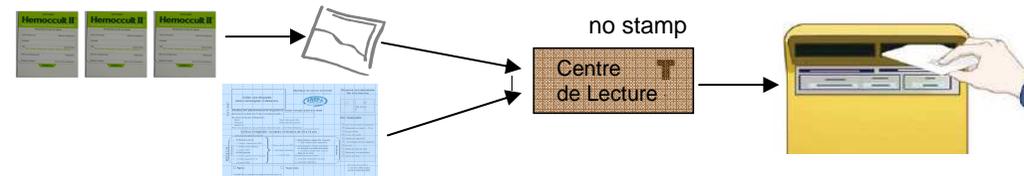
Put the scraper down the toilet

Close the test card.

Keep the test card **at room temperature**, and **do not place it in a confined space**. **Do not put the three test cards into the sachet** until the three samples have been taken and **you are about to send it off**.

How to send the test off ?

5. **As soon as you have used the third and last test card**, put the three cards in the sachet and put it in the prepaid envelope, along with the blue sheet that you have filled in. Send the prepaid envelope by post without delay to the *Centre de Lecture* (without affixing a stamp), **no later than 10 days after the first sample was taken**.



You will receive a letter informing you of the test results. Your doctor will also be informed of the results.

- ⚠ You must follow these instructions carefully if the test is to be readable. ⚠**
1. Check the "use by" date.
 2. Put your name, address and date of birth on the three test cards and the blue sheet.
 3. Clearly note the sample dates on each of the three test cards and note the date of the first sample on the blue sheet.
 4. Put only a very small amount of faeces in the windows.
 5. NB Couples should take care not to mix up the two partners' test cards and blue sheets when they put them in the envelopes.
 6. Send off the whole lot (three test cards + blue sheet) **no later than 10 days** after the first sample was taken.

Any questions? Ring 03 89 12 70 13